



# R.M.T. JOHNSON SCHOOL

RESPECT • READY • RESPONSIBLE • PROUD



## Weekly Bulletin January 15, 2016

*Our primary purpose is to improve student achievement  
Visit our website at [www.bethel.k12.ct.us](http://www.bethel.k12.ct.us)*

### Principal's Message

Dear Parents/Guardians,  
Johnson School has partnered with the Bethel Health Department to provide a variety of programs focused on healthy bodies and healthy minds. As part of this partnership, we have been fortunate to offer a variety of opportunities to raise awareness about ways to reduce stress and promote relaxation and wellness. Please be sure to mark your calendars and join us at Johnson School for an Evening of Mindfulness-January 25th 6:30-8pm. This event will include a parent presentation where Mrs. Coffey, LSCW and Mr. Melo will share practical stress management techniques. Students will participate in workshops including-Yoga, Bokwa, Art for relaxation, Journaling, and more. I hope to see you at this event!

Today, we sent home a brochure which includes free after school Wellness workshops. The workshops include-Tai Chi and QiGong, Gentle Yoga, Healthy Eating, Meditation and Tibetan Singing Bowls, World Dance, Tae Kwon Do, Training for Warriors (Kettle Balls and Bands) and much more. Be on the lookout for the brochure as class size/space is limited.

Please join me in congratulating Riley DiBiase and Lana Schneider as they will be honored at the 17th Annual Celebration of the Arts at the Aqua Turf in Southington on Monday, February 22. Our school honorees are fifth graders who are being recognized for their outstanding citizenship, cooperative skills, and artistic ability in the performing and/or visual arts. Both Lana and Riley are extraordinary students with exceptional skills in art and/or music. They are admirable individuals who are fair, honest, kind, compassionate, and helpful. They often exceed the expectations of their teachers and are exemplary role models for their peers. Mrs. McCue, Ms. Carpentier, the students' families, their classroom teachers and I will attend this wonderful event to celebrate the efforts and achievements of these two fine individuals. Congratulations to Riley and Lana!

Sincerely,  
Alison A. Salerno  
Principal

### January Calendar

**18 Martin Luther King Day  
No School**

### February Calendar

**12 Professional Development  
12:56 Dismissal**  
**15 Presidents' Day No School**  
**16 Winter Recess No School**

### SCHOOL DELAYS/CLOSING

**The automated voice call only goes out to parents if students have already arrived at school and we need to have an unexpected early dismissal. ALL after school programs and after school clubs would be canceled in this case. Please have a plan in place with your child for unexpected early dismissal.** If school is going to be delayed or closed due to bad weather, it will be announced on local TV channels, radio stations and posted on the district's web-site. If there is a school delay, please do not drop your child off before 9:40 as there is no supervision.

All buses will run on a 2 hour delay schedule. If you have a problem with a bus, please call the bus company at 203-748-8091.

Responsibility

Caring

Trustworthiness

Respect

Citizenship

Fairness

### Johnson School attends the Celebration of the Arts

On Monday, February 22, Johnson School will have the pleasure of participating in the 17<sup>th</sup> Annual Celebration of the Arts, at the Aqua Turf Club in Southington, CT.

Our school honorees are fifth graders **Lana Schneider** and **Riley DeBiase**. Both students are being recognized for their outstanding citizenship, cooperative skills, and artistic ability in the performing and/or visual arts.

Both Lana and Riley are extraordinary students with exceptional skills in art and/or music. They are admirable individuals who are fair, honest, kind, compassionate, and helpful. They often exceed the expectations of their teachers and they are terrific role models for their peers.

Mrs. McCue, Ms. Carpentier, the students' families and their classroom teachers will attend this wonderful event to celebrate the efforts and achievements of these two fine individuals.

Congratulations to you both!

The Bethel Public Schools are committed to a policy of equal opportunity/affirmative action for all qualified persons. The Bethel Public Schools do not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability (including, but not limited to, intellectual disability, past or present history of mental disorder, physical disability or learning disability), genetic information, or any other basis prohibited by Connecticut State and/or Federal nondiscrimination laws and provides equal access to the Boy Scouts and other designated youth groups. The Bethel Public Schools do not unlawfully discriminate in employment and licensing against qualified persons with a prior criminal conviction. Inquiries regarding the Bethel Public Schools nondiscrimination policies should be directed to:

Dr. Kristen Brooks (Title IX District Coordinator)  
Assistant Superintendent of the Bethel Public Schools  
1 School Street  
Bethel, CT 06801

Mrs. McCue is looking for parent volunteers who are interested in preparing art works for this year's upcoming art show, which will be on Wednesday, March 16, 2016 at Johnson School from 5-7 p.m.

Work can be taken home and done at your leisure. It is mainly matting, stapling, labeling, and inventory.

If you are interested in helping to make this year's art show a spectacular success, please e-mail or send in a message with your child.

Thank you!

Ms. Tamarah McCue

Art Educator

[McCueT@bethel.k12.ct.us](mailto:McCueT@bethel.k12.ct.us)

### **Morning Drop off Procedures**

**If you are driving your child to school please use the outside lane. For the safety of each child, please drive your child to the cross walk at the end of the building. Since there is a long line up of cars dropping off in the morning, please make sure your child is prepared to leave the car as soon as you stop at the crosswalk. A teacher is on duty until 8:10 to assure it is safe for your child to cross the street.**



## PLEASE HELP SEND 7<sup>TH</sup> GRADERS TO NATURE'S CLASSROOM

Each year 7<sup>th</sup> Graders at Bethel Middle School have the opportunity to participate in the week long field trip, Nature's Classroom. Nature's Classroom is a great opportunity for these children to experience environmental education from another perspective, outside the walls of the classroom. The cost of this field trip is \$450 per student. The BMS PTO has always supported students in need. We will continue you that for this year. Additionally, we surveyed the 7<sup>th</sup> grade parents, and there was a sufficient interest in offering all students the chance to earn part of their tuition by working at a series of fundraisers. This is a great opportunity for more students to afford the trip, and it gives the students a chance to take some ownership in the cost of the trip. Finally, sponsorships are also being accepted, if you wish to contribute please contact, Shani Burke Specht, PTO President, at [shaniburkespecht@hotmail.com](mailto:shaniburkespecht@hotmail.com).

Please join us:

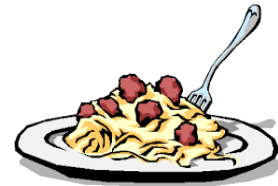
**What: Pasta Dinner**

**When:** 1/14/2016 5:30 - 8:00  
2/18/2016 5:30 - 8:00  
3/11/2016 5:30 - 8:00

**Where:** BMS Cafeteria

**Cost:** \$7/person, \$35/family max

**Why:** Help 7<sup>th</sup> Graders earn part of their tuition to Nature's Classroom.  
To Go Orders are available!



**What: Movie Night**

**When:** 1/22/2016 6:00 - 9:00  
2/5/2016 6:00 - 9:00  
4/7/2016 6:00 - 9:00

**Where:** BMS Auditorium

**Cost:** \$5 suggested donation, concessions will be available.

**Why:** Help 7<sup>th</sup> Graders earn part of their tuition to Nature's Classroom.



**HEY  
STUDENTS!**

**CAN YOU COOK?**



Calling all “**FUTURE CHEFS**” for our  
5TH ANNUAL CULINARY COMPETITION

**WE’RE LOOKING FOR YOUR FAVORITE  
BREAKFAST RECIPE!**

Six lucky Bethel elementary school students (grades K-5) will be chosen as finalists to complete in our *live cook off* on **Friday, Feb. 19<sup>th</sup>** at Bethel High School.

As an added bonus, the winner of this event will be entered into a national competition for some great prizes!

**PICK UP YOUR  
ENTRY FORM TODAY!**

They’re available  
in the cafeteria!

Please turn them in to  
the cafeteria by Friday,  
February 5<sup>th</sup>.

FIRST PRIZE IS A SAMSUNG  
GALAXY TAB 3 LITE 7”  
TABLET!



Bethel Public School District  
Recipe Entry Form

**~Healthy Breakfast Recipe~**

Open to All Elementary School Students!

|                    |  |
|--------------------|--|
| My Name:           |  |
| My School:         |  |
| My Grade:          |  |
| My Teacher's Name: |  |

Return to your teacher or the office by **Friday, February 5, 2016.**

Teachers: please send to the main office if received.

My recipe is called: \_\_\_\_\_

List all ingredients and exact amounts of the ingredients here:

List the "method" or exactly how to make this dish. If you need more room, attach (and staple) another piece of paper to this form.

Our 5<sup>th</sup> Annual Future Chef's Competition is open to all K-5 students  
At Berry, Rockwell and Johnson schools.  
This year's theme is **HEALTHY BREAKFAST**.



## Tips to be a Finalist in this Year's Culinary Competition

Have your eye on the prize? Here are some tips that may help!

1. **Be original** - You don't have to be like everyone else. Consider putting a new twist on your favorite breakfast recipe.
2. **Be creative** - A student once submitted a recipe for "dill cookies!" Sounds terrible, but they were actually great! Don't TRY to be too weird, but we love to see recipes that are different!
3. **Don't do recipes that are too easy or too complicated.**
4. This doesn't have to be your own, original recipe. You can get them off the Internet or anywhere, but try to alter it slightly to make it your own!
5. SORRY, only **ONE** person can make each recipe at the competition.
6. We are looking for **healthy breakfast** recipes, so try to avoid recipes with a lot of sugar or fat in them.
7. At the main competition, judges will consider the following 6 criteria:
  - Taste
  - Originality
  - Ease of Preparation
  - Healthy Attributes
  - Kid Appeal
  - Plate Presentation

The use of one or more of the following ingredients will earn **bonus points** at the judging:

**Bagels, low-fat cheese, eggs, low sodium ham, mushrooms, oatmeal, pineapple, tortillas, turkey sausage, whole grain cereals & yogurt.**

Finalists will be notified during the week of February 8 if they have been chose to compete. All ingredients will be provided, and each contestant will have a High School Senior Culinary Arts students to act as their "sous chef." The competition will be held at 11:00 a.m. and usually goes until 1:00 p.m. Lunch will be provided. All finalists must provide their own transportation to and from Bethel High School. Parents and family are welcome to watch the competition, which will be held in the Culinary Arts Room at Bethel High School.

FIRST PRIZE IS A SAMSUNG GALAXY TAB3 Lite 8GB 7" TABLET! Aprons, chef hats and gift bags will be provided to all finalists! Any questions, please call Amanda Riley, Food Service Director at (203) 794-8722 or via email at [riley.a@bethel.k12.ct.us](mailto:riley.a@bethel.k12.ct.us)

GOOD LUCK & HAVE FUN!!!!